# Role of Adenosine Receptors in Neuroprotective Effect during Global Cerebral Ischemia

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Selective  $A_1$  adenosine receptor agonists produced a considerable neuroprotective effect during global cerebral ischemia. The neuroprotective effect decreased in the order:  $A_1$  agonists—NECA—adenosine— $A_{2A}$  agonist CGS 21680, while selective  $A_3$  adenosine receptor agonist was ineffective. Inhibitory analysis showed that  $A_1$  adenosine receptors mediate the neuroprotective effect of CPA, are involved in the effects of NECA and adenosine (but not CGS 21680), and participate in natural resistance to cerebral ischemia. The role of  $A_{2B}$  adenosine receptors in the realization of neuroprotective effects was also demonstrated.

Key Words: adenosine receptors; neuroprotectors; cerebral ischemia

Recent studies demonstrated a pronounced neuroprotective effect (NPE) of  $A_1$  adenosine receptor agonists during cerebral ischemia [2,7,9,10,12-14]. The efficiency of selective  $A_1$  adenosine receptor agonist N<sup>6</sup>-cyclohexyladenosine (CHA) [4] and  $A_{2A}$  agonist CGS 21680 [3] was proved using global cerebral ischemia (GCI), the most rigorous model of cerebral ischemia. Here we compared the effects of various adenosine receptor agonists and evaluated the role of  $A_1$  receptors in the realization of NPE.

#### MATERIALS AND METHODS

Experiments were performed on 425 outbred male and female mice aging 2-4 months and weighing 18-25 g. We used highly selective ligands [5,14]: A<sub>1</sub> adenosine receptor agonists CPA (Sigma), 2-Cl-CPA, CHA (ICN), and adenosine amine derivative ADAC (adenosine amine congener, RBI), A<sub>1</sub> adenosine receptor antagonist 8-cyclopentyl-1,3-dipropylxanthine (DPCPX, RBI), A<sub>2A</sub> adenosine receptor agonist CGS 21680 (ICN), A<sub>2A</sub> adenosine receptor antagonist ZM 241385, and A<sub>3</sub> adenosine receptor agonists N<sup>6</sup>-(3-iodobenzyl)adeno-

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sine-5'-N-methyluronamide (IB-MECA, Tocris) and N<sup>6</sup>-benzyl-NECA (ICN). Nonselective adenosine reagonists adenosine-5'-N-ethyluronamide (NECA, Sigma) and adenosine (Siberian Chemical and Pharmaceutical Plant) were also used. All drugs were applied in water solutions. ZM 241385 and N<sup>6</sup>benzyl-NECA were preliminary dissolved in 20% 2hydroxypropyl-β-cyclodextrine (RBI), DPCPX was dissolved in 20% 2-hydroxypropyl-β-cyclodextrine (RBI) or 0.1 N NaOH (the effects were similar), IB-MECA was dissolved in dimethylsulfoxide (1 mg/ 0.125 ml) and then water was added. The agents were injected subcutaneously (10 ml/kg). The optimum doses and the time of injections were determined experimentally. Since adenosine receptor agonists possess pronounced antinociceptive properties, no analgesics were administered [8]. GCI was modeled by the method of Lowry (decapitation model). The duration of gasping (agonal breathing) was recorded [4]. As differentiated from standard occlusion models, this rigorous procedure reproduces true GCI (vasodilators are ineffective) [11]. In humans GCI develops after complete arrest of systemic and cerebral circulation [12]. Since gasping duration does no fit normal Gaussian distribution, the results were expressed as medians and analyzed by nonparametric Mann—Whitney U test [1].

### **RESULTS**

All selective A<sub>1</sub> adenosine receptor agonists displayed pronounced NPE (Table 1). The resistance to GCI increased by 6.9 times after administration of CPA and by 5.2-5.8 times after treatment with 2-Cl-CPA, CHA, and ADAC. NPE of CPA (5 series, 5.6-fold increase in GCI resistance, n=51) and its blockade with DPCPX (2 series, by 95-100% compared to the control, n=34) were reproducible over 3 years of observations. NPE of nonselective A<sub>1,2A,2B</sub> adenosine receptor agonist NECA [6], adenosine and, in particular, selective A<sub>2A</sub> adenosine receptor agonist CGS 21680 were much less pronounced compared to that of selective  $A_1$  adenosine receptor agonists. These substances increased resistance to GCI by 4.3, 2.8, and 1.6 times, respectively. The selective A<sub>3</sub> adenosine receptor agonist IB-MECA had no effect on the resistance to GCI, but decreased it during moderate ischemia [14]. The less selective A<sub>3</sub> adenosine receptor agonist N<sup>6</sup>-benzyl-NECA injected 1-3 h before ischemia produced an insignificant NPE (1.8-fold increase in resistance); administration of this substance 20 min and 6 h before ischemia had no effect on animal's resistance to GCI. These data indicate that although NPE can be realized not only via A<sub>1</sub> adenosine receptors, they play the major role in this effect.

For quantitative evaluation of the contribution of A<sub>1</sub> adenosine receptors into the resistance to GCI, we constructed dose-inhibition curves for DPCPX (Fig. 1). The natural resistance to GCI dose-dependently decreased by 25%, which was probably related to blockade of NPE produced by endogenous adenosine. DPCPX dose-dependently inhibited NPE of CPA, adenosine, and NECA, but not the effect of CGS 21680. DPCPX in optimum doses (0.3-1.0 μmol/kg) comple-

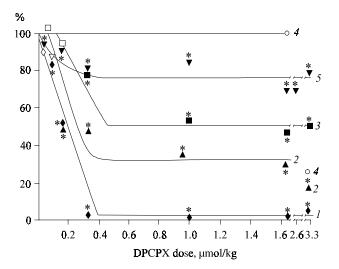
tely abolished NPE of CPA, while NPE of adenosine and NECA decreased to a minimum and remained at this level after increasing the dose of DPCPX to 1.6-2.6 µmol/kg. We assume that NPE of CPA during GCI are realized via A<sub>1</sub> adenosine receptors, while the effects of adenosine, and NECA are partially mediated through these receptors (67 and 50%, respectively). In contrast, A<sub>2A</sub> adenosine receptors are not involved in NPE of CPA, while their contribution into NPE of NECA and adenosine is about 30% [3]. Since NECA produced NPE in the presence of DPCPX and highly selective A<sub>2A</sub> adenosine receptor antagonist ZM 241385 (p<0.002, n=25), it can be hypothesized that this effect is also realized via  $A_{2B}$  adenosine receptors. This is consistent with the fact that NECA stimulates not only  $A_1$  and  $A_{2A}$ , but also  $A_{2B}$  adenosine receptors [6]. Minor NPE of N<sup>6</sup>-benzyl-NECA is probably related to its effects on  $A_{2B}$ , but not to  $A_1$  adenosine receptors [6].

As differentiated from CPA, NECA, and adenosine, the effect of CGS 21680 was inhibited sharply and only by the maximum dose of DPCPX, which 10 times surpassed the dose of DPCPX blocking NPE of CPA (3.3 µmol/kg). These data attested to a nonspecific effect of high doses of DPCPX on NPE produced by CGS 21680. These findings together with the fact that various selective  $A_{2A}$  adenosine receptor antagonists ZM 241385 and chlorostyrylcaffeine [3] completely blocked the effect of CGS 21680 suggest that NPE is realized only via  $A_{2A}$  adenosine receptors. ZM 241385 also decreases natural resistance to GCI [3]. A<sub>3</sub> adenosine receptors do not play a role in the realization of the effects of adenosine, NECA, and selective  $A_1$  and  $A_2$  adenosine receptor agonists, since their NPE are completely blocked by theophylline [2] not interacting with  $A_3$  receptors [7].

TABLE 1. Neuroprotective Effects of Adenosine Receptor Agonists

Series	Receptors	Dose, µmol/kg (mg/kg)	Time before ischemia, h	Gasping, sec	
				median	deciles (D <sub>1</sub> -D <sub>9</sub> )
Control (22)	_	_	0.25-6	16.0	15-17
CPA (14)	$A_{1}$	7.2 (2.4)	3-6	110*	93-115
CHA (16)	$A_{_1}$	7.2 (2.5)	3-6	88.5*++	80-110
CI-CPA (8)	$A_1$	7.2 (2.7)	3	83.0*	75-141
ADAC (12)	$A_{1}$	7.2 (4.2)	3-6	93.5*	83-127
NECA (11)	$A_{1}$ $A_{2A}$ , $A_{2B}$	0.32 (0.1)	3	71.0*+	60-85
Adenosine (8)	$A_1, A_2$	749 (200)	1	42.5*+	36-48
CGS 21680 (30)	$A_{2A}$	1.8 (1.0)	1	25.5*+	23-28
IB-MECA (19)	$A_3$	0.2-2.0 (0.1-1.0)	0.25-6	17.0 <sup>+</sup>	15-19
N <sup>6</sup> -Benzyl-NECA (8)	$A_{3}$ , $A_{2B}$	2.5 (1.0)	1-3	29.5*+	22-40

Note. Number of series is shown in brackets. \*p<0.001 compared to the control; \*p<0.001 and \*\*p<0.01 compared to the previous series.



**Fig. 1.** Effect of A<sub>1</sub> adenosine receptor antagonist DPCPX on neuroprotective activity of adenosine receptor agonists: 7.2  $\mu$ mol/kg cyclopentyladenosine 3 h before ischemia (1), 749  $\mu$ mol/kg adenosine 1 h before ischemia (2), 0.32  $\mu$ mol/kg NECA 3 h before ischemia (3), 1.8  $\mu$ mol/kg CGS 21680 1 h before ischemia (4), and natural resistance to ischemia (5). DPCPX was injected 1 h before agonist treatment. \*p<0.05 compared to the effect of agonist.

Thus, NPE of CPA and, probably, Cl-CPA, CHA, and ADAC is realized via A<sub>1</sub> adenosine receptors; A<sub>2A</sub> adenosine receptors mediate the effect of CGS 21680. Both A<sub>2A</sub> and, to a greater extent, A<sub>1</sub> adenosine receptors contribute to the natural resistance to GCI and mediate the effects of nonselective adenosine receptor agonists adenosine and NECA. A<sub>2B</sub> adenosine receptors play a role in NPE of NECA and N<sup>6</sup>-benzyl-NECA. A<sub>3</sub> adenosine receptors are not involved into realization of the effects of adenosine receptor agonists.

The efficiency of  $A_1$  adenosine receptor agonists during GCI 3-7-fold higher than that of other neuroprotectors and 6-13 fold higher than that of other test substances [2]. Since GCI is much more severe condition compared to other types of ischemia, NPE of structurally different  $A_1$  adenosine receptor agonists are of considerable importance.

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